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Panera Bread Breakfast Menu With Prices, Calories & More 2025

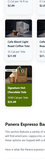
The Complete Panera Drop Menu Guide With 2025

Panera Bread Breakfast Menu With Prices, Calories & More 2025

Most Panera Bread locations serve fresh breakfast from 6 am to 10:30 am on weekdays and from 7 am to 11 am on weekends. Perhaps you are here due to your doctor's order to try it out for the first time ago to start living before visiting Panera near you.

Keep reading to find a detailed list of Panera Bread's menu items, including Panera breakfast sandwiches, calories, items, ingredients, prices, and more.

MENU ITEM	CALORIES	PRICE
Bacon Double Sizzle	190	$3.49
Turkey Sizzle	270	$3.49
Sausage Chick Sandwich Sandwich	780	$3.49
Egg White Veggie Breakfast Sandwich	310	$3.49
Chick Sizzle Sizzle	290	$3.49
Cinnamon Crunch Bagel	370	$1.49
Cinnamon Roll	1000	$3.49
Blueberry Muffin	370	$2.79
Hash Fat Potatoes with Spring & Pesto	170	$3.49
Lean Side Bacon Breakfast Sizzle	170	$3.49



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What is Panera's Breakfast menu?

Panera Bakery's breakfast menu is a collection of various nutritious items, with many centered around their signature bread. Each item contains different main ingredients such as eggs, cheese, chicken, and veggies.

The new Panera Bread menu for breakfast in morning is thoughtfully organized into five distinct categories, which make it easy to explore delicious options. These categories are:

- Wraps
- Sandwiches
- Protein Bowls
- Pastries, pastries, and sweets
- Oatmeal, yogurt, and fresh cups
- Sides
- Scones
- Espresso Bar

Panera Bread Breakfast Sandwich Menu

If you are looking for something light yet nutritious, try Panera bread sandwiches. They come in a variety of options to provide with different flavors and dietary preferences can easily find one that matching their taste needs. Also, there are options for both vegetarian and non-vegetarian customers on the sandwich menu.

All sandwiches are low-calorie, high-protein, and high-fiber, which is rich in protein and low in calories. They are also available in two forms of cheese: egg whites and regular, with or without cheese.

Pair a Panera sandwiches with one of our muffins if you want to energize for a full or pastry if you like having something bigger with a cup of tea.

Panera Avocado Toasts Winter 2025

Panera's avocado toasts are a lighter yet nutrient-packed meal option for customers who enjoy healthy, flavorful dishes. Each toast features smashed avocado as the base, topped with fresh ingredients, and is enhanced with bold spices, yet sesame seeds, and microgreens.

Enjoy a cup of hot tea or coffee with avocado toast to complete your meal and get an energy dose.

Panera Bread Breakfast Soufflé Menu

If you are looking for something light yet nutritious, Panera soufflés are a great option to start your day with.

Soufflés are made from a warm croissant-like pastry that is filled with ingredients like cheese, bacon, and spinach. They are baked to perfection, resulting in a fluffy, golden-brown treat that is both delicious and satisfying. Pair it with your favorite beverage, such as coffee or tea, for a complete meal.

Panera breakfast soufflé menu has both vegetarian options, like the Tuscan Cheese Soufflé and a delicious, rich flavor of cheese and non-veg options, like ham and Swiss Soufflé. It's packed with 310 calories and 20 grams of protein, making it a balanced and satisfying option for those looking for a quick yet nutritious breakfast.

Panera Bread Bagels, Pastries, Scenes and Sweets

Panera breakfast bagels are prepared daily using fresh ingredients. Their flavors range from the classic and chocolate to artisanal and seasonal.

Pastries include a variety of freshly baked goods such as croissants, muffins and scones that are also available in multiple flavors. Other than these there are also specialty pastries like chocolate croissants, cinnamon rolls, and cranberry orange slices.

Most customers enjoy them as a mid-or late-morning snack and some complement them with freshly brewed coffee.

While bagels and pastries have a quality taste that keep people coming back for more, they are high in sugar and calories, which is why taking them in moderation is important for all.

Bagels

Pastries & Sweets

Here are some morning desserts at Panera Bakery:

Muffins & Scones

Panera Bread Oatmeal, Parfait and Fruit Cup

There is also an oatmeal and yogurt parfait option on Panera's morning menu. Both are the right choices for customers who want a healthy start to their day. Oatmeal is made with steel-cut oats and can contain energizing ingredients, nutritious, and it includes also make a refreshing breakfast option.

Panera uses steel-cut oatmeal and then tops it with fresh strawberries, pecans, and crunchy toppings. Fruit and Greens The mixed yogurt parfait has fresh strawberries and blueberries. The best part is that, unlike other breakfast items, it's available throughout the day.

Panera Bread Coffee and Tea February 2025

Panera Bread beverage category menu offers a variety of coffee and tea flavors for people who need to recharge their energy before work.

They serve freshly brewed hot and cold coffee. The tea selection has both hot and cold tea in various flavors, such as pomegranate hibiscus tea and passion papaya iced green tea.

Here you can also refill a Panera coffee to improve your mood, productivity, and energy levels.

Panera Espresso Bar

This section features a variety of espresso based drinks that appeal to coffee lovers like cool. Here you can find classic espresso drinks like lattes, cappuccinos, and macchiatos, as well as specialty drinks. The espresso beans are topped with a delicious layer of espresso foam.

Here's what the Panera espresso bar menu offers in morning: